

## South Atlantic Indoor Championships - 2/19/2018

## JDL Fast Track

## Results - Track

## Women 60 Meter Dash

## 8 Advance: Top 1 Each Heat plus Next 4 Best Times

Facility: 7.18 \$ 1/20/2013 Barbara Pierre, Unattached  
 College: 7.32 ! 3/15/2014 Danielle Williams, Johnson C Smith

Name	Yr	School	Seed	Prelims	H#
<b>Preliminaries</b>					
1	Squire, Nikia	SR Queens (N.C.)	7.60	7.49 Q	2
2	Reeves, Justice	JR Wingate	7.77	7.71 Q	4
3	Leake, Noelia	SR Coker	7.70	7.74 Q	1
4	McElveen, Keyua	SR Lenoir-Rhyne	7.86	7.76 Q	3
5	Sebree, Tamerah	FR Wingate	7.84	7.79 q	3
6	Alston, Dakota	JR Lenoir-Rhyne	7.93	7.89 q	2
7	Davis, Tia	FR Carson-Newman	7.91	7.91 q	4
8	Tolbert, Katrice	SR Wingate	7.98	7.92 q	1
9	Covington, Jerrica	FR Lincoln Memorial	7.93	7.93	1
10	Walters, Autumn	SR Coker	8.00	7.94	4
11	Dockery, Jayln	FR Newberry	8.14	7.97	2
12	Bohannon, Maddie	FR Catawba	8.01	8.02	3
13	Lowe, Amanda	FR Carson-Newman	7.95	8.03	2
14	Baumann, Alisha	SO Queens (N.C.)	8.05	8.04	3
14	Foresha, Christine	SO Mars Hill	8.14	8.04	1
16	Henderson, Cierra	FR Carson-Newman	8.06	8.07	4
17	Williams, Shahnika	JR Mars Hill	8.21	8.12	3
18	Meeks, Summer	FR Lenoir-Rhyne	8.15	8.19	4
19	Love, Makala	FR Newberry	8.48	8.40	4
20	Blackwood, Autumn	FR Tusculum	8.43	8.50	3
21	Robinson, Ashlyn	SO Wingate	8.49	8.52	1
22	Capps, Ronda	FR Lincoln Memorial	9.08	8.92	2
23	Buis, Syann	FR Lincoln Memorial	8.88	8.95	2
24	Lemons, Destiny	FR Newberry	9.37	9.38	1
---	McDonald, Briana	FR Tusculum	8.14	DNS	2
---	Lewis, Jayla	FR Tusculum	8.09	DNS	1

## Women 60 Meter Dash

Facility: 7.18 \$ 1/20/2013 Barbara Pierre, Unattached  
 College: 7.32 ! 3/15/2014 Danielle Williams, Johnson C Smith

Name	Yr	School	Prelims	Finals
<b>Finals</b>				
1	Squire, Nikia	SR Queens (N.C.)	7.49	7.58
2	Reeves, Justice	JR Wingate	7.71	7.62
3	Leake, Noelia	SR Coker	7.74	7.71
4	Sebree, Tamerah	FR Wingate	7.79	7.79
5	McElveen, Keyua	SR Lenoir-Rhyne	7.76	7.84
6	Tolbert, Katrice	SR Wingate	7.92	7.85
7	Alston, Dakota	JR Lenoir-Rhyne	7.89	7.88
8	Davis, Tia	FR Carson-Newman	7.91	8.00



## South Atlantic Indoor Championships - 2/19/2018

## JDL Fast Track

## Results - Track

## Women 200 Meter Dash

Facility: 23.80 \$ 3/15/2014 Danielle Williams, Johnson C Smith

College: 23.80 ! 3/15/2014 Danielle Williams, Johnson C Smith

Name	Yr	School	Seed	Finals	H#
<b>Finals</b>					
1	Reeves, Justice	JR Wingate	25.44	25.53	8
2	Squire, Nikia	SR Queens (N.C.)		25.57	1
3	McElveen, Keyua	SR Lenoir-Rhyne	25.20	25.58	8
4	Leake, Noelia	SR Coker	25.50	25.74	8
5	Mzinde, Ruvarshe	JR Wingate	25.71	26.23	7
6	Sebree, Tamerah	FR Wingate	25.94	26.32	7
7	Hardwick, Saidah	FR Lenoir-Rhyne	25.68	26.38	8
8	Davis, Tia	FR Carson-Newman	26.13	26.38	7
9	Verdu Cobo, Anna	FR Lincoln Memorial	26.33	26.41	5
10	Walters, Autumn	SR Coker	26.51	26.62	5
11	Madden, Rhyan	FR Wingate	26.33	26.62	6
12	Covington, Jerrica	FR Lincoln Memorial	26.20	26.62	6
13	Bohannon, Maddie	FR Catawba	26.31	26.69	6
14	Henderson, Cierra	FR Carson-Newman	26.35	26.76	5
15	Foresha, Christine	SO Mars Hill	26.22	27.01	6
16	Lowe, Amanda	FR Carson-Newman	27.57	27.34	3
17	Dockery, Jayln	FR Newberry	28.01	27.43	2
18	Baumann, Alisha	SO Queens (N.C.)	26.76	27.44	4
19	Castarlenas, Aintzane	JR Queens (N.C.)		27.65	1
20	Lewis, Kayonna	SO Lenoir-Rhyne	26.79	27.68	4
21	Day, I'Keriah	FR Tusculum	26.59	27.73	5
22	Johnston, D'Arion	FR Newberry	27.03	27.80	3
23	Thornton, Lauren	FR Wingate	28.00	27.96	2
24	Alston, Dakota	JR Lenoir-Rhyne	25.68	28.11	7
25	Meeks, Summer	FR Lenoir-Rhyne	26.73	28.19	4
26	Jackson, Deonzha	SO Coker	27.06	28.47	3
27	Smith, Arriel	JR Mars Hill	28.59	28.49	2
28	Love, Makala	FR Newberry	28.68	28.77	1
29	Dennis, A'Yana	FR Mars Hill	29.19	29.51	1
---	McDonald, Briana	FR Tusculum	27.34	DNS	3
---	Shaver, Destini	FR Catawba	27.99	DNS	2
---	Lewis, Jayla	FR Tusculum	26.94	DNS	4

## Women 400 Meter Run

Facility: 53.90 \$ 3/15/2013 Kayon Robinson, Adams State

College: 53.90 ! 3/15/2014 Kayon Robinson, Johnson C Smith

Name	Yr	School	Seed	Finals	H#
<b>Finals</b>					
1	Fair, Paiton	JR Lenoir-Rhyne	57.65	58.89	8
2	Hardwick, Saidah	FR Lenoir-Rhyne	57.86	58.93	8
3	Mzinde, Ruvarshe	JR Wingate	58.72	59.21	8



## South Atlantic Indoor Championships - 2/19/2018

## JDL Fast Track

## Results - Track

## Finals ... (Women 400 Meter Run)

Name	Yr	School	Seed	Finals	H#
4 Hart, Asia	SR	Queens (N.C.)		1:00.61	1
5 Joseph, Tiyera	SO	Wingate		1:01.23	1
6 Verdu Cobo, Anna	FR	Lincoln Memorial	1:00.03	1:01.52	8
7 Foresha, Christine	SO	Mars Hill	1:01.53	1:01.94	7
8 Williamson, Jalecia	JR	Coker	1:02.07	1:01.95	5
9 Barmore, Jasmine	SO	Anderson (S.C.)	1:01.80	1:02.27	6
10 Gale, Angel	SO	Coker	1:01.78	1:02.35	7
11 Madden, Rhyan	FR	Wingate	1:01.88	1:02.64	6
12 Crawford, Jordan	SO	Lincoln Memorial	1:02.02	1:02.67	6
13 Pruiett, Bailey	FR	Tusculum	1:01.93	1:02.74	6
14 Mcfarlane, Laquisha	SO	Queens (N.C.)	1:01.55	1:02.90	7
15 Thornton, Lauren	FR	Wingate	1:02.16	1:03.33	5
16 Harp, Chloe	FR	Lincoln Memorial	1:01.61	1:03.66	7
17 Minus, Raygene	JR	Tusculum	1:03.08	1:04.48	5
18 Ruff, Kaylah	JR	Coker	1:04.69	1:04.99	4
19 Prestoey, Katinka	FR	Queens (N.C.)		1:05.26	1
20 Poulard, Cassie	FR	Newberry	1:05.51	1:05.37	3
21 Edwards, Emilee	SO	Anderson (S.C.)	1:05.85	1:05.43	3
22 Lane, Madison	FR	Lenoir-Rhyne	1:05.04	1:05.97	4
23 Wildman, Drew	FR	Tusculum	1:09.63	1:06.89	2
24 Dennis, A'Yana	FR	Mars Hill	1:07.40	1:07.06	2
25 Emmerson, Siearra	FR	Catawba	1:08.71	1:07.68	2
26 Capron, Jessica	SR	Carson-Newman	1:05.81	1:09.86	3
27 Smith, Arriel	JR	Mars Hill	1:05.19	1:12.41	4
--- Stevens, Alexis	FR	Wingate	1:04.02	FS	5
--- Marshall, Taylor	FR	Catawba	1:05.41	DNS	4

## Women 800 Meter Run

Facility: 2:02.10 \$ 1/30/2016 Melissa Bishop, Nike

College: 2:03.31 ! 2/4/2017 Hanna Green, Virginia Tech

Name	Yr	School	Seed	Finals	H#
<b>Finals</b>					
1 Arellano, Allyson	FR	Queens (N.C.)	2:21.00	2:21.82	4
2 Kasitz, Gillian	FR	Queens (N.C.)	2:23.10	2:22.62	4
35.151 (35.151)					
3 Bridges, Morgan	SO	Anderson (S.C.)	2:22.42	2:23.13	4
4 Fair, Paiton	JR	Lenoir-Rhyne	2:23.42	2:25.06	4
5 Dahlberg, Kylie	FR	Lenoir-Rhyne	2:27.62	2:25.33	4
6 Pitts, Emily	JR	Anderson (S.C.)	2:23.98	2:25.66	4
7 Moxie, Mandi	SO	Queens (N.C.)	2:30.03	2:26.73	3
8 O'Neill, Kathleen	SR	Carson-Newman	2:28.23	2:26.88	3
9 Jackson, Amy	SR	Wingate	2:22.67	2:27.35	4
10 Jenkins, Carissa	SR	Queens (N.C.)	2:24.13	2:28.74	4
11 Jemeli, Priscah	SR	Carson-Newman	2:29.13	2:32.38	3
12 Ling, Michelle	SO	Newberry	2:33.18	2:33.02	2



## South Atlantic Indoor Championships - 2/19/2018

## JDL Fast Track

## Results - Track

## Finals ... (Women 800 Meter Run)

Name	Yr	School	Seed	Finals	H#
13 MacDonald, Kaitlyn	SO	Tusculum	2:32.63	2:33.06	2
14 Sharp, Sarah	SR	Carson-Newman	2:31.53	2:33.41	3
15 Sullivan, Breanna	SO	Coker	2:35.02	2:33.97	2
16 Bjerkness, Adie	FR	Lenoir-Rhyne	2:33.98	2:35.20	2
17 Like, Chauntress	FR	Coker	2:32.57	2:36.15	2
18 Illich, Erin	SR	Lenoir-Rhyne	2:32.06	2:37.07	3
19 Cannon, Claudia	FR	Newberry	2:39.96	2:37.34	1
20 Warren, Jennifer	SR	Carson-Newman	2:42.60	2:37.49	1
21 Smullen, Shauntel	SR	Coker		2:39.18	1
22 Foster, June Lisa	SR	Coker	2:32.65	2:39.32	2
23 Earley, Unique	FR	Lincoln Memorial	2:38.33	2:40.04	2
24 Williams, Lindsey	SO	Carson-Newman	2:31.55	2:42.33	3
25 Britt, Sydney	SO	Mars Hill	2:34.42	2:44.92	2
26 Hunt, Jordan	SR	Catawba	2:45.29	2:45.12	1
27 Petty, Lexie	SO	Catawba	2:49.86	2:49.02	1
28 El-Khatib, Sommer	FR	Lincoln Memorial		2:53.52	1
29 Pearson, Emily	FR	Coker	2:52.92	3:00.78	1
--- O'Hara, Regan	JR	Queens (N.C.)	2:28.32	DNF	3
--- Scully, Emily	SR	Wingate	2:28.34	DNS	3

## Women 1 Mile Run

Facility: 4:22.66 \$ 1/31/2015 Shannon Rowbury, Nike Oregon Project

College: 4:36.10 ! 2/18/2017 Grace Barnett, Clemson

Name	Yr	School	Seed	Finals	H#
<b>Finals</b>					
1 Noall, Lucie	JR	Queens (N.C.)	5:06.27	5:10.22	2
2 Kasitz, Gillian	FR	Queens (N.C.)	5:22.78	5:12.11	2
3 McMillen, Nicole	JR	Tusculum	5:27.71	5:15.72	2
4 Jenkins, Carissa	SR	Queens (N.C.)	5:24.04	5:17.38	2
5 Griesche, Valerie	SR	Wingate	5:17.47	5:22.07	2
6 Moxie, Mandi	SO	Queens (N.C.)	5:18.14	5:22.38	2
7 Arellano, Allyson	FR	Queens (N.C.)	5:11.05	5:26.26	2
8 Bozarth, Abby	JR	Anderson (S.C.)	5:28.76	5:30.57	2
9 Adams, Abbie	SO	Catawba	5:43.45	5:31.19	2
10 Salgueiro, Juliet	SR	Wingate	5:18.49	5:33.11	2
11 Furches, Alissa	SO	Tusculum	5:44.13	5:45.99	2
12 White, Bekah	SO	Carson-Newman		5:46.20	1
13 Kiplagat, Domtila	JR	Lenoir-Rhyne	5:33.22	5:47.97	2
14 Hunt, Patience	SO	Catawba	6:02.11	5:57.61	1
15 Petty, Lexie	SO	Catawba	6:08.23	6:01.49	1
16 Hunt, Jordan	SR	Catawba	6:03.21	6:03.18	1
17 Bouwkamp, Anne	FR	Newberry	6:26.73	6:23.82	1
18 Gutierrez, Diana	FR	Newberry	6:29.34	6:31.62	1
19 Wilson, Emily	FR	Mars Hill	7:03.14	6:49.64	1
20 Jones, Hannah	FR	Mars Hill	7:17.95	7:16.26	1



## South Atlantic Indoor Championships - 2/19/2018

## JDL Fast Track

## Results - Track

## Finals ... (Women 1 Mile Run)

Name	Yr	School	Seed	Finals	H#
--- Jones, Breck	SO	Anderson (S.C.)		DNS	1
--- Dalton, Gabriella	FR	Lenoir-Rhyne	6:02.00	DNS	1
--- Sellers, Paula	FR	Catawba		DNS	1

## Women 3000 Meter Run

Facility: 8:56.52 \$ 1/30/2016 Kerri Gallagher, Nike  
 College: 9:01.26 ! 1/30/2016 Wesley Frazier, NC State

Name	Yr	School	Seed	Finals	H#
<b>Finals</b>					
1 Wolkenhauer, Hannah	JR	Queens (N.C.)	9:54.08	9:56.64	2
2 Deruytter, Natane	SO	Queens (N.C.)	10:22.22	10:17.99	2
3 Evans, Olivia	FR	Anderson (S.C.)	10:18.51	10:20.69	2
				6:14.002 (6:14.002)	
4 Noall, Lucie	JR	Queens (N.C.)	10:04.95	10:35.91	2
5 Mercer, Hannah	SO	Catawba	10:33.53	10:39.62	2
6 Griesche, Valerie	SR	Wingate	10:40.97	10:52.56	2
7 Kandlbauer, Tabea	FR	Lincoln Memorial	11:10.40	10:54.54	2
8 Archinard, Clementine	FR	Wingate	10:39.99	11:04.14	2
9 Beach, Hannah	FR	Anderson (S.C.)	11:03.11	11:05.77	2
10 Francis, Hayden	SO	Newberry	11:09.16	11:07.28	2
11 Buddenberg, Maddie	JR	Anderson (S.C.)	11:05.13	11:12.93	2
12 Elminowski, Nikkita	SO	Catawba	11:25.20	11:16.72	1
13 Schaeffer, Haley	FR	Queens (N.C.)	10:48.88	11:16.96	2
14 Furches, Alissa	SO	Tusculum	11:21.69	11:18.40	2
15 Feeney, Angela	SO	Mars Hill	11:19.49	11:21.40	2
16 Kiplagat, Domtila	JR	Lenoir-Rhyne	11:33.08	11:26.14	1
17 Vincent, Allie	SR	Lincoln Memorial		11:27.96	1
18 D'Amelio, Christina	FR	Catawba	11:38.73	11:32.56	1
19 Heeley, Aleksa	SO	Queens (N.C.)	11:12.63	11:33.69	2
20 Gantt, Blakely	SR	Lenoir-Rhyne	12:02.81	11:37.82	1
21 Rish, Olivia	FR	Anderson (S.C.)	11:18.72	11:45.59	2
22 Jackson, Kaleigh	SR	Mars Hill	11:40.61	11:47.30	1
23 Illich, Erin	SR	Lenoir-Rhyne		11:58.06	1
24 Strickland, Rachel	SO	Mars Hill	12:01.44	12:04.04	1
25 Zeman, Brooke	SO	Lenoir-Rhyne	12:51.32	12:11.36	1
26 Olson, Emily	SO	Anderson (S.C.)	12:29.53	12:41.20	1
27 Crout, Katy	SO	Newberry	13:28.70	14:21.75	1
--- Dalton, Gabriella	FR	Lenoir-Rhyne		DNS	1
--- Salgueiro, Juliet	SR	Wingate		DNS	1



## South Atlantic Indoor Championships - 2/19/2018

## JDL Fast Track

## Results - Track

## Women 5000 Meter Run

Facility: 16:32.52 \$ 2/24/2017 Eden Meyer, North Florida

College: 16:32.52 ! 2/24/2017 Eden Meyer, North Florida

Name	Yr	School	Seed	Finals
<b>Finals</b>				
1	JR	Queens (N.C.)	17:17.37	17:18.67
2	SO	Queens (N.C.)	17:43.46	17:38.14
3	FR	Anderson (S.C.)	17:54.64	17:47.93
4	JR	Tusculum	18:55.77	18:20.47
5	FR	Wingate	18:17.91	18:33.61
6	FR	Wingate	20:11.10	19:01.09
7	FR	Anderson (S.C.)	19:17.59	19:10.56
8	SO	Catawba	19:57.21	19:20.29
9	SO	Carson-Newman	18:45.99	19:23.16
10	SR	Anderson (S.C.)	19:27.25	19:23.79
11	FR	Queens (N.C.)		19:24.10
12	FR	Anderson (S.C.)	20:31.76	19:48.11
13	SR	Lenoir-Rhyne	20:34.54	20:00.58
14	SR	Lincoln Memorial	19:35.46	20:13.35
15	SO	Lenoir-Rhyne	21:36.41	20:26.41

## Women 60 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 6 Best Times

Facility: 7.95 \$ 1/30/2016 Sharika Nelvis/Brianna Rollins, adidas/Nike

College: 8.12 ! 3/15/2014 Danielle Williams, Johnson C Smith

Name	Yr	School	Seed	Prelims	H#
<b>Preliminaries</b>					
1	JR	Coker	9.14	9.00 Q	1
2	SO	Coker	9.19	9.17 Q	2
3	FR	Lenoir-Rhyne	9.25	9.24 q	2
4	SR	Queens (N.C.)	9.55	9.29 q	1
5	SO	Lenoir-Rhyne	9.63	9.50 q	1
6	FR	Newberry		9.50 q	1
7	SO	Coker	9.68	9.56 q	2
8	JR	Wingate	9.86	9.66 q	1
9	FR	Lincoln Memorial	9.71	9.72	2
10	JR	Anderson (S.C.)	10.07	9.75	2
11	SO	Coker	10.16	10.30	2
12	FR	Newberry	12.35	11.57	1
---	FR	Catawba	9.93	DNF	1



## South Atlantic Indoor Championships - 2/19/2018

## JDL Fast Track

## Results - Track

## Women 60 Meter Hurdles

Facility: 7.95 \$ 1/30/2016 Sharika Nelvis/Brianna Rollins, adidas/Nike

College: 8.12 ! 3/15/2014 Danielle Williams, Johnson C Smith

Name	Yr	School	Prelims	Finals
<b>Finals</b>				
1 Ruff, Kaylah	JR	Coker	9.00	9.00
2 Jackson, Deonzha	SO	Coker	9.17	9.13
3 Watkins, Savannah	FR	Lenoir-Rhyne	9.24	9.23
4 Hart, Asia	SR	Queens (N.C.)	9.29	9.24
5 Rice, Asante	SO	Coker	9.56	9.33
6 Medley, Leona	SO	Lenoir-Rhyne	9.50	9.52
7 Poulard, Cassie	FR	Newberry	9.50	9.62
8 Hart, Natalie	JR	Wingate	9.66	10.26

## Women 4x400 Meter Relay

Facility: 3:41.61 \$ 1/30/2016 , GW Express/Nike

Cox, Brown, Dorr, Haye-Smith

College: 3:43.33 ! 3/15/2014 , Johnson C Smith

Elliott, Julius-Williams, Campbell, Williams

Team	Relay	Seed	Finals	H#
<b>Finals</b>				
1 Lenoir-Rhyne	A	3:56.01	4:01.81	2
1) Fair, Paiton JR	2) Hardwick, Saidah FR	3) Watkins, Savannah FR	4) McElveen, Keyua SR	
2 Anderson (S.C.)	A	4:10.65	4:05.68	2
1) Barmore, Jasmine SO	2) Pitts, Emily JR	3) Bridges, Morgan SO	4) Seay, Madison JR	
3 Lincoln Memorial	A	4:04.18	4:08.37	2
1) Crawford, Jordan SO	2) Harp, Chloe FR	3) Covington, Jerrica FR	4) Verdu Cobo, Anna FR	
4 Wingate	A	4:07.93	4:08.70	2
1) Joseph, Tiyera SO	2) Hart, Natalie JR	3) Stevens, Alexis FR	4) Mzinde, Ruvarshe JR	
5 Queens (N.C.)	A	4:12.38	4:12.38	1
1) Castarlenas, Aintzane JR	2) Prestoey, Katinka FR	3) Hart, Asia SR	4) Mcfarlane, Laquisha SO	
6 Coker	A	4:06.49	4:16.85	2
1) Snelling, Charity JR	2) Ruff, Kaylah JR	3) Gale, Angel SO	4) Williamson, Jalecia JR	
7 Newberry	A	4:21.39	4:21.39	1
1) Johnston, D'Arion FR	2) Cannon, Claudia FR	3) Ling, Michelle SO	4) Poulard, Cassie FR	
8 Tusculum	A	4:16.49	4:22.33	1
1) Blackwood, Autumn FR	2) Pruiett, Bailey FR	3) Day, I'Keriah FR	4) Minus, Raygene JR	
9 Mars Hill	A	4:18.19	4:23.04	1
1) Foresha, Christine SO	2) Taylor, Delaney FR	3) Britt, Sydney SO	4) Dennis, A'Yana FR	
10 Carson-Newman	A	4:28.96	4:28.96	1
1) O'Neill, Kathleen SR	2) Bunch, Madison FR	3) Warren, Jennifer SR	4) Capron, Jessica SR	
11 Catawba	A	4:17.54	4:38.68	1
1) Adams, Abbie SO	2) Emmerson, Sicarra FR	3) Petty, Lexie SO	4) Hunt, Patience SO	



**South Atlantic Indoor Championships - 2/19/2018**

**JDL Fast Track**

**Results - Track**

**Women Distance Medley**

**Facility:** 11:07.51 \$ 2/20/2016 , Clemson  
**College:** 11:07.51 ! 2/20/2016 , Clemson  
**Ciluffo, James, Farrow, Barnett**  
**Ciluffo, James, Farrow, Barnett**

Team	Relay	Seed	Finals
<b>Finals</b>			
1 Anderson (S.C.)	A	12:58.86	12:54.13
1) Rish, Olivia FR	2) Seay, Madison JR	3) Pitts, Emily JR	4) Bozarth, Abby JR
2 Wingate	A		13:04.92
1) Angel, Amanda SO	2) Hart, Natalie JR	3) Jackson, Amy SR	4) Salgueiro, Juliet SR
3 Carson-Newman	A	13:30.10	13:08.96
1) Jemeli, Priscah SR	2) Williams, Lindsey SO	3) White, Bekah SO	4) Warren, Jennifer SR
4 Catawba	A	13:41.07	13:09.70
1) Adams, Abbie SO	2) Shaver, Destini FR	3) Hunt, Patience SO	4) Mercer, Hannah SO
5 Lenoir-Rhyne	A	13:57.91	13:14.37
1) Dahlberg, Kylie FR	2) Lane, Madison FR	3) Bjerkness, Adie FR	4) Kiplagat, Domtila JR
6 Coker	A		13:22.11
1) Sullivan, Breanna SO	2) Walters, Autumn SR	3) Foster, June Lisa SR	4) Like, Chauntress FR
7 Tusculum	A	13:42.65	13:27.99
1) Furches, Alissa SO	2) McMillen, Nicole JR	3) MacDonald, Kaitlyn SO	4) Stoklosa, Emily SO
8 Lincoln Memorial	A		13:33.53
1) Longmire, Marykate SO	2) Earley, Unique FR	3) Harp, Chloe FR	4) Kandlbauer, Tabea FR
9 Newberry	A	14:31.02	13:38.42
1) Cannon, Claudia FR	2) Ling, Michelle SO	3) Gutierrez, Diana FR	4) Francis, Hayden SO
10 Mars Hill	A	14:46.42	13:38.80
1) Strickland, Rachel SO	2) Smith, Arriel JR	3) Britt, Sydney SO	4) Feeney, Angela SO
11 Queens (N.C.)	A	11:58.73	13:53.06
1) Iademarco, Gabriela FR	2) O'Hara, Regan JR	3) Frazier, Sarah FR	4) Heeley, Aleksa SO

**Women High Jump**

**Progressions = 1.37, 1.42, 1.47, 1.52, 1.57, 1.62, 1.67, 1.70, 1.73, etc.**

**Facility:** 1.88m \$ 3/15/2014 **Barbara Szabo, Western State**  
**College:** 1.88m ! 3/15/2014 **Barbara Szabo, Western State**

Name	Yr	School	Finals
<b>Finals</b>			
1 Wilshire, Vanisha	JR	Wingate	1.71m 5-07.25
2 Gudger, Samantha	JR	Carson-Newman	1.62m 5-03.75
3 Snelling, Charity	JR	Coker	1.57m 5-01.75
3 McElroy, Montana	FR	Lenoir-Rhyne	1.57m 5-01.75
5 McCarty, Janel	FR	Wingate	1.52m 4-11.75
6 Johnson, Stephanie	FR	Carson-Newman	J1.52m 4-11.75
6 Hardwick, Saidah	FR	Lenoir-Rhyne	J1.52m 4-11.75
8 Watkins, Savannah	FR	Lenoir-Rhyne	1.47m 4-09.75
8 Bunch, Madison	FR	Carson-Newman	1.47m 4-09.75
10 Reynolds, Shelby	SO	Carson-Newman	J1.47m 4-09.75





## South Atlantic Indoor Championships - 2/19/2018

## JDL Fast Track

## Results - Track

## Finals ... (Women High Jump)

Name	Yr	School	Finals	
11 Lewis, Kayonna	SO	Lenoir-Rhyne	1.42m	4-07.75
11 Stevens, Alexis	FR	Wingate	1.42m	4-07.75
13 Rasheed, Samiyah	FR	Catawba	J1.42m	4-07.75
--- Mcfarlane, Laquisha	SO	Queens (N.C.)	NH	
--- Chandler, Dazia	FR	Wingate	NH	
--- Harrell, Tariah	JR	Wingate	NH	

## Women Pole Vault

Starting height = 2.22m, progressions = 0.15m

Facility: 4.61m \$ 1/30/2016 Katie Nageotte, Unattached

College: 4.40m ! 1/29/2016 Megan Clark, Duke

Name	Yr	School	Finals	
1 Gaul, Tori	SR	Carson-Newman	3.72m	12-02.50
2 Thiede, Kim	SR	Queens (N.C.)	3.42m	11-02.50
2 Castarlenas, Aintzane	JR	Queens (N.C.)	3.42m	11-02.50
4 Zadroga, Amy	FR	Carson-Newman	J3.42m	11-02.50
5 Drummonds, Savannah	JR	Lenoir-Rhyne	3.12m	10-02.75
6 Bair, Jordan	JR	Mars Hill	J3.12m	10-02.75
7 Taylor, Delaney	FR	Mars Hill	2.97m	9-09.00
8 Handley, Alyssa	SR	Wingate	2.82m	9-03.00
9 Lepak, Alexandria	FR	Lenoir-Rhyne	2.52m	8-03.25

## Women Long Jump

Facility: 6.25m \$ 2/20/2016 Julienne McKee, Unattached

College: 6.23m ! 1/29/2016 Shakinah Brooks, St. Augustine's

Name	Yr	School	Finals	
1 Squire, Nikia	SR	Queens (N.C.)	5.82m	19-01.25 2
2 Wilshire, Vanisha	JR	Wingate	5.54m	18-02.25 2
3 Nsom, Jacqueline	FR	Queens (N.C.)	5.41m	17-09.00 2
4 Gudger, Samantha	JR	Carson-Newman	5.29m	17-04.25 2
5 Williams, Shahnika	JR	Mars Hill	5.20m	17-00.75 2
6 Hood, Anaia	SO	Wingate	5.17m	16-11.50 2
7 Johnston, D'Arion	FR	Newberry	5.11m	16-09.25 2
8 Murphy, Talicia	SR	Coker	5.08m	16-08.00 1
9 Henderson, Cierra	FR	Carson-Newman	4.99m	16-04.50 1
10 Jobs, Da'Sha	SR	Coker	4.95m	16-03.00 2
11 Frye, Emma	FR	Wingate	4.93m	16-02.25 1
12 Saxon, Cameron	FR	Mars Hill	4.92m	16-01.75 1
13 Rice, Asante	SO	Coker	4.86m	15-11.50 1
14 Jackson, Deonzha	SO	Coker	4.84m	15-10.50 2
15 Handley, Alyssa	SR	Wingate	4.77m	15-07.75 1
15 Reynolds, Shelby	SO	Carson-Newman	4.77m	15-07.75 2
17 Day, I'Keriah	FR	Tusculum	4.74m	15-06.75 2



## South Atlantic Indoor Championships - 2/19/2018

## JDL Fast Track

## Results - Track

## Finals ... (Women Long Jump)

Name	Yr	School	Finals		
18 Lewis, Kayonna	SO	Lenoir-Rhyne	4.69m	15-04.75	1
19 Brown, Dreyona	JR	Wingate	4.61m	15-01.50	1
20 Sczerba, Alexis	SO	Carson-Newman	3.98m	13-00.75	1
--- Williamson, Jalecia	JR	Coker	DNS		1

## Women Triple Jump

Facility: 13.06m \$ 1/30/2016 Imani Oliver, Unattached

College: 13.01m ! 3/15/2014 Kearah Danville, Angelo State

Name	Yr	School	Finals		
<b>Finals</b>					
1 Wilshire, Vanisha	JR	Wingate	11.55m	37-10.75	2
2 Squire, Nikia	SR	Queens (N.C.)	11.31m	37-01.25	1
3 Robinson, Karen	JR	Lincoln Memorial	11.18m	36-08.25	2
4 Hood, Anaia	SO	Wingate	11.03m	36-02.25	2
5 Handley, Alyssa	SR	Wingate	11.00m	36-01.25	2
6 Salyers, Morgan	FR	Lincoln Memorial	10.77m	35-04.00	2
7 Stevens, Shaniqua	JR	Mars Hill	10.75m	35-03.25	2
8 Brown, Dreyona	JR	Wingate	10.69m	35-01.00	1
9 Murphy, Talicia	SR	Coker	10.66m	34-11.75	1
10 Lewis, Kayonna	SO	Lenoir-Rhyne	10.26m	33-08.00	2
11 Medley, Leona	SO	Lenoir-Rhyne	9.97m	32-08.50	1
11 Reynolds, Shelby	SO	Carson-Newman	9.97m	32-08.50	1
13 McCarty, Janel	FR	Wingate	9.93m	32-07.00	1
14 Tomkoski, Abby	FR	Carson-Newman	9.91m	32-06.25	2
--- Johnston, D'Arion	FR	Newberry	FOUL		2
--- Snelling, Charity	JR	Coker	FOUL		2
--- Vinson, Grace	SO	Carson-Newman	FOUL		1
--- Peters, Grace	SO	Tusculum	DNS		1
--- Nsom, Jacqueline	FR	Queens (N.C.)	DNS		1

## Women Shot Put

Facility: 16.80m \$ 2/18/2017 Amber Monroe, Unattached

College: 16.29m ! 3/5/2016 Portious Warren, Central Arizona

Name	Yr	School	Finals		
<b>Finals</b>					
1 Carmichael, To'mara	FR	Queens (N.C.)	13.45m	44-01.50	2
2 Drayton, Autumn	SO	Lenoir-Rhyne	12.50m	41-00.25	2
3 Salamon, Haylea	SR	Lenoir-Rhyne	12.49m	40-11.75	2
4 Holloway, Tiffany	FR	Mars Hill	12.30m	40-04.25	2
5 Gardin, Taylor	SO	Wingate	11.83m	38-09.75	2
6 Hopkins, Avianna	FR	Queens (N.C.)	11.56m	37-11.25	2
7 Hinson, Hannah	JR	Wingate	11.15m	36-07.00	2
8 Dunn, Dynah	FR	Tusculum	10.82m	35-06.00	2
9 Stepney, Sydney	FR	Queens (N.C.)	10.70m	35-01.25	2
10 Jennings, Jada	FR	Newberry	10.27m	33-08.50	2



**South Atlantic Indoor Championships - 2/19/2018****JDL Fast Track****Results - Track****Finals ... (Women Shot Put)**

Name	Yr	School	Finals		
11 McMichael, Tamara	SR	Coker	10.15m	33-03.75	2
12 Forehand, Gari	FR	Newberry	10.08m	33-01.00	2
13 Morris, Megan	SR	Lenoir-Rhyne	10.03m	32-11.00	1
14 Barkins, Cattera	FR	Coker	9.75m	32-00.00	1
15 Copeland, JoLyn	JR	Anderson (S.C.)	9.71m	31-10.25	2
16 Boykins, Dalany	FR	Wingate	9.43m	30-11.25	1
17 Wildes, Taylor	FR	Newberry	9.42m	30-11.00	1
18 Taylor, Tiffany	SO	Coker	9.29m	30-05.75	1
19 Konopelski, Danielle	SO	Queens (N.C.)	9.19m	30-02.00	1
20 Lowe, Jocelyn	SO	Lenoir-Rhyne	9.03m	29-07.50	1
21 Bell, Jhalisa	FR	Catawba	8.55m	28-00.75	1
22 Chan, Erin	JR	Coker	8.34m	27-04.50	1
23 Rasheed, Samiyah	FR	Catawba	7.80m	25-07.25	1
24 Lehine, Paige	FR	Newberry	6.29m	20-07.75	1
--- Wray, Makenna	JR	Wingate		DNS	1

**Women Weight Throw**

Facility: 23.58m \$ 1/29/2016 Amber Campbell, Unattached

College: 21.18m ! 2/26/2017 Marthaline Cooper, Winthrop

Name	Yr	School	Finals		
<b>Finals</b>					
1 Hinson, Hannah	JR	Wingate	16.65m	54-07.50	2
2 Carmichael, To'mara	FR	Queens (N.C.)	16.44m	53-11.25	2
3 Stepney, Sydney	FR	Queens (N.C.)	15.15m	49-08.50	2
4 Salamon, Haylea	SR	Lenoir-Rhyne	15.06m	49-05.00	2
5 Copeland, JoLyn	JR	Anderson (S.C.)	14.80m	48-06.75	2
6 Drayton, Autumn	SO	Lenoir-Rhyne	14.46m	47-05.25	2
7 Hopkins, Avianna	FR	Queens (N.C.)	13.87m	45-06.25	2
8 Dubiel, Alexis	FR	Queens (N.C.)	13.64m	44-09.00	2
9 McMichael, Tamara	SR	Coker	13.53m	44-04.75	1
10 Lowe, Jocelyn	SO	Lenoir-Rhyne	12.66m	41-06.50	2
11 Wildes, Taylor	FR	Newberry	12.50m	41-00.25	1
12 Morris, Megan	SR	Lenoir-Rhyne	12.31m	40-04.75	1
13 Gardin, Taylor	SO	Wingate	11.93m	39-01.75	1
14 Lucich, Sarah	JR	Queens (N.C.)	11.01m	36-01.50	2
15 Barkins, Cattera	FR	Coker	10.52m	34-06.25	1
16 Chan, Erin	JR	Coker	10.49m	34-05.00	1
17 Dunn, Dynah	FR	Tusculum	9.91m	32-06.25	1
18 Rasheed, Samiyah	FR	Catawba	9.75m	32-00.00	1
19 Boykins, Dalany	FR	Wingate	9.05m	29-08.25	1
--- Wray, Makenna	JR	Wingate		DNS	1



## South Atlantic Indoor Championships - 2/19/2018

## JDL Fast Track

## Results - Track

## Men 60 Meter Dash

## 8 Advance: Top 1 Each Heat plus Next 3 Best Times

Facility: 6.61 \$ 1/16/2016 Ramon Gittens/Sean McLean, Unattached/Nike

College: 6.62 ! 3/5/2016 Keitavious Walter, Hinds CC

Name	Yr	School	Seed	Prelims	H#
<b>Preliminaries</b>					
1 Showler-Davis, Kieran	SR	Carson-Newman	6.80	6.81 Q	1
2 Lotharp, P.J.	SO	Lenoir-Rhyne	6.78	6.82 Q	3
3 Guervil, Widchard	FR	Tusculum	6.81	6.84 Q	4
4 Moore, Devon	FR	Carson-Newman	6.88	6.89 Q	5
5 McElveen, Tony	SO	Coker	6.92	6.91 Q	2
6 Jacobs, DeAngelo	FR	Wingate	6.92	6.96 q	2
7 Gilmore, Denzal	SO	Lenoir-Rhyne	7.08	6.96 q	1
8 Jennings, Emmanuel	FR	Wingate	7.07	6.98 q	3
9 Glenn, James	SO	Newberry	7.00	7.05	5
10 Maddox, Kaynmon	SO	Lenoir-Rhyne	7.05	7.06	1
11 Anderson, Jordan	SO	Anderson (S.C.)	7.10	7.07	4
12 Acklin, Jacob	FR	Tusculum	7.19	7.08	1
13 Carson, Michael	SO	Wingate	7.04	7.08	4
14 Louallen, Floyd	SO	Wingate	7.14	7.13	4
15 Moreau, Derrian	SR	Coker	7.22	7.14	4
16 Jenkins, Breon	JR	Wingate	7.15	7.15	3
17 Adams, Thailand	SO	Lenoir-Rhyne	7.14	7.19	5
17 Glenn, Markevius	FR	Newberry	7.16	7.19	3
19 France, Cameron	SO	Mars Hill	7.13	7.20	2
20 Hill, Noah	SR	Carson-Newman	7.15	7.23	1
20 Johnson, Avery	FR	Queens (N.C.)	7.26	7.23	2
22 Jackson, Emanuel	JR	Lenoir-Rhyne	7.06	7.24	3
23 Poole, Ashton	SO	Queens (N.C.)	7.26	7.26	2
24 Smith, Savion	FR	Carson-Newman	7.11	7.28	5
25 Frost, Malik	FR	Mars Hill	7.41	7.31	3
26 Wimbish, Evan	FR	Catawba	7.34	7.33	5
27 Elgin, Austin	FR	Anderson (S.C.)	7.39	7.33	1
27 McCowan, Drake	SO	Carson-Newman	7.23	7.33	5
29 Manley, Marcus	FR	Queens (N.C.)	7.51	7.44	3
30 Helberg, Harris	FR	Queens (N.C.)	7.95	8.06	1
31 Kinnin, Jared	SO	Queens (N.C.)	8.26	8.16	4
--- Ward, Shane	JR	Mars Hill	7.34	FS	4
--- Truesdale, Nick	FR	Newberry		DNS	5
--- Chambers, Dezmond	FR	Tusculum	7.12	DNS	2



## South Atlantic Indoor Championships - 2/19/2018

## JDL Fast Track

## Results - Track

## Men 60 Meter Dash

Facility: 6.61 \$ 1/16/2016 Ramon Gittens/Sean McLean, Unattached/Nike

College: 6.62 ! 3/5/2016 Keitavious Walter, Hinds CC

Name	Yr	School	Prelims	Finals
<b>Finals</b>				
1 Guervil, Widchard	FR	Tusculum	6.84	6.77
2 Moore, Devon	FR	Carson-Newman	6.89	6.78
3 Lotharp, P.J.	SO	Lenoir-Rhyne	6.82	6.79
4 Showler-Davis, Kieran	SR	Carson-Newman	6.81	J6.79
5 Jacobs, DeAngelo	FR	Wingate	6.96	6.86
6 Jennings, Emmanuel	FR	Wingate	6.98	6.89
7 McElveen, Tony	SO	Coker	6.91	6.90
8 Gilmore, Denzal	SO	Lenoir-Rhyne	6.96	6.91

## Men 200 Meter Dash

Facility: 21.08 \$ 3/15/2014 Lamar Hargrove, Tiffin

College: 21.08 ! 3/15/2014 Lamar Hargrove, Tiffin

Name	Yr	School	Seed	Finals	H#
<b>Finals</b>					
1 Lotharp, P.J.	SO	Lenoir-Rhyne	21.69	21.80	9
2 Moore, Devon	FR	Carson-Newman	22.05	21.81	9
3 Guervil, Widchard	FR	Tusculum	22.30	22.21	8
4 Lilly, Sage	FR	Coker	22.28	22.39	8
5 Williams, CJ	JR	Lenoir-Rhyne	22.50	22.54	7
6 Reed, Malcolm	FR	Wingate	22.75	22.63	6
7 Leontes, Althiery	FR	Tusculum	22.90	22.65	5
8 Balogun, Oluwatosin	SR	Lincoln Memorial	22.35	22.76	8
9 Jacobs, DeAngelo	FR	Wingate	22.63	22.84	7
10 Glenn, James	SO	Newberry	22.16	22.85	9
11 France, Cameron	SO	Mars Hill	22.56	22.89	7
12 Jenkins, Breon	JR	Wingate	22.57	23.01	7
13 Carson, Michael	SO	Wingate	22.26	23.03	8
14 Smith, Savion	FR	Carson-Newman	22.91	23.05	5
15 Jennings, Emmanuel	FR	Wingate	22.79	23.07	6
16 Mumford, Jarrel	FR	Coker	23.14	23.12	5
17 Gilmore, Denzal	SO	Lenoir-Rhyne	23.27	23.14	4
18 Ashford, Kedar	FR	Tusculum	22.84	23.19	6
19 Jackson, Emanuel	JR	Lenoir-Rhyne	22.89	23.34	6
20 Peter, Johannes	SR	Queens (N.C.)	23.28	23.35	4
21 Izquierdo, Nicholas	FR	Mars Hill		23.44	1
22 McClain, Kamain	SO	Coker	23.40	23.49	3
23 Elgin, Austin	FR	Anderson (S.C.)	23.40	23.53	3
24 Maddox, Kaynmon	SO	Lenoir-Rhyne	23.13	23.59	5
25 Johnson, Avery	FR	Queens (N.C.)	23.24	23.67	4
26 Poole, Ashton	SO	Queens (N.C.)	23.71	23.93	2
27 McCowan, Drake	SO	Carson-Newman	23.42	23.94	3



## South Atlantic Indoor Championships - 2/19/2018

## JDL Fast Track

## Results - Track

## Finals ... (Men 200 Meter Dash)

Name	Yr	School	Seed	Finals	H#
27 Jones, Kemual	FR	Queens (N.C.)	23.38	23.94	4
29 Frost, Malik	FR	Mars Hill	24.36	24.21	1
30 Valery, Richelieu	FR	Coker	24.27	24.40	2
31 Slusser, Alec	FR	Catawba	23.92	24.85	2
32 Ward, Shane	JR	Mars Hill	24.88	24.91	1
--- McElveen, Tony	SO	Coker	22.12	DNF	9
--- Wimbish, Evan	FR	Catawba	23.41	DNS	3

## Men 400 Meter Run

Facility: 46.81 \$ 2/25/2012 Dane Hyatt, Unattached  
 College: 47.24 ! 2/25/2012 Josh Edmonds, St. Augustine's

Name	Yr	School	Seed	Finals	H#
<b>Finals</b>					
1 Reed, Malcolm	FR	Wingate	48.91	50.12	8
2 Lilly, Sage	FR	Coker	51.49	50.29	6
3 Harrison, Kevin	SO	Queens (N.C.)	48.88	50.58	8
4 Williams, CJ	JR	Lenoir-Rhyne	49.66	51.14	8
5 Balogun, Oluwatosin	SR	Lincoln Memorial	49.43	51.25	8
6 Agee, Caleb	SO	Carson-Newman	50.55	51.51	7
7 Jones, Bradley	JR	Lenoir-Rhyne	51.45	51.55	7
8 Mumford, Jarrel	FR	Coker	51.68	51.86	6
9 Greene, Mahari	FR	Coker	51.65	51.89	6
10 Green, Khalil	SO	Tusculum	51.81	52.35	5
11 Izquierdo, Nicholas	FR	Mars Hill	52.80	52.36	4
12 Dickey, Dorien	SO	Lenoir-Rhyne	52.53	52.44	4
13 Hall, Jacob	JR	Lenoir-Rhyne	52.41	52.66	4
14 McCarter, Jeremiah	JR	Carson-Newman	51.48	52.77	7
15 Seiba Moris, Jose Miguel	SR	Wingate	52.17	52.81	5
16 Mosley, William	SO	Coker	52.21	52.86	5
17 Garrison, Granger	FR	Newberry	52.31	53.13	5
18 Anderson, Jordan	SO	Anderson (S.C.)	51.33	53.36	7
19 Ingalls, Noah	SO	Queens (N.C.)		53.63	1
20 Jones, Kemual	FR	Queens (N.C.)	53.65	53.90	3
21 Tiller, Ray	SR	Carson-Newman	52.77	54.01	4
22 Slusser, Alec	FR	Catawba	55.37	55.26	2
23 Hayes, Xavier	FR	Tusculum	54.58	55.27	2
24 Gray, Marquez	SO	Lenoir-Rhyne	52.86	55.38	3
25 Cruell, Rodnell	JR	Tusculum	55.72	55.83	2
26 Trammell, Coleman	FR	Queens (N.C.)		56.79	1
27 Irankunda, Murishi	FR	Coker	51.79	57.29	6
28 McMillian, Emmanuel	SO	Mars Hill		1:04.82	1
--- Monts, Rashod	SR	Anderson (S.C.)	52.81	DQ	3



## South Atlantic Indoor Championships - 2/19/2018

## JDL Fast Track

## Results - Track

## Men 800 Meter Run

Facility: 1:48.27 \$ 1/31/2015 Brandon Johnson, Nike  
 College: 1:48.94 ! 2/4/2017 Eliud Rutto, Mid Tenn State

Name	Yr	School	Seed	Finals	H#
<b>Finals</b>					
1 Inuwa, Elijah	JR	Queens (N.C.)	1:51.10	1:55.12	4
2 Wallis, Daniel	JR	Queens (N.C.)		1:55.59	1
3 Cypress, Avery	SR	Queens (N.C.)	1:55.74	1:57.65	4
4 Mullins, Brandon	JR	Coker	1:54.74	1:58.74	4
5 Joyce, Tom	FR	Catawba	1:56.05	2:00.55	4
6 Kachenchai, Daniel	SO	Lenoir-Rhyne	2:02.95	2:01.88	3
7 Hite, Aubrey	SR	Lenoir-Rhyne	2:04.08	2:01.92	2
8 Kiplaget, Razzel	JR	Coker	1:59.35	2:02.00	4
9 Irigoyen, Julian	SO	Wingate	2:00.95	2:02.21	3
10 Jackson, Anthony	FR	Carson-Newman	2:01.24	2:02.63	3
11 Ivackovic, Petar	FR	Lenoir-Rhyne	1:57.40	2:03.07	4
12 Adkins, Josh	SO	Lenoir-Rhyne	2:02.30	2:03.18	3
13 Joseph, Jevon	SR	Lincoln Memorial	2:01.95	2:03.29	3
14 Felton, Rontrel	FR	Catawba	1:57.15	2:03.84	4
15 Johnson, J'Quen	JR	Tusculum	2:00.98	2:04.93	3
16 Murray, Ethan	FR	Mars Hill	2:05.28	2:05.09	2
17 Tann, Malik	FR	Tusculum	2:04.46	2:05.23	2
18 Hughes, Jonathan	FR	Lincoln Memorial	2:00.61	2:06.80	3
19 Stanley, Jared	FR	Mars Hill	2:06.00	2:06.88	2
20 Manns, Matthew	FR	Newberry	2:05.39	2:08.80	2
21 Akers, Alex	SO	Wingate		2:09.13	1
22 Oglesby, Justin	FR	Newberry	2:07.18	2:10.61	2
23 McCarty, Patrick	JR	Carson-Newman		2:10.63	1
24 Hybarger, Isaac	FR	Tusculum	2:12.73	2:13.09	1
25 Adame, Rafael	SO	Carson-Newman	2:08.92	2:13.26	2
26 Meadows, AJ	SO	Catawba	2:10.10	2:14.09	1
--- Eddy, Jared	FR	Carson-Newman	2:09.91	DNF	1
--- Wammetsberger, Felix	SO	Queens (N.C.)		DNF	1
--- Hoenig, Tim	JR	Queens (N.C.)	1:52.05	DNS	4

## Men 1 Mile Run

Facility: 3:53.85 \$ 2/3/2018 Edward Cheserek, Skechers  
 College: 3:59.87 ! 2/3/2018 Vincent Ciattei, Virginia Tech

Name	Yr	School	Seed	Finals	H#
<b>Finals</b>					
1 Wallis, Daniel	JR	Queens (N.C.)	4:01.78	4:14.30	3
2 Inuwa, Elijah	JR	Queens (N.C.)	4:06.96	4:15.32	3
3 Wammetsberger, Felix	SO	Queens (N.C.)	4:06.12	4:16.07	3
4 Patel, Nepolian	SR	Wingate	4:15.23	4:17.15	3
5 Greer, Luke	JR	Carson-Newman	4:21.28	4:26.32	3
6 Bemis, Ethan	FR	Catawba	4:25.97	4:32.77	3



## South Atlantic Indoor Championships - 2/19/2018

## JDL Fast Track

## Results - Track

## Finals ... (Men 1 Mile Run)

Name	Yr	School	Seed	Finals	H#
7 Chavis, Derek	SR	Lenoir-Rhyne	4:31.80	4:33.72	3
8 Quillen, Philip	FR	Anderson (S.C.)	4:36.33	4:35.33	3
9 Swepson, Michal	SO	Catawba	4:38.32	4:37.14	3
10 Snide, Austin	FR	Catawba	4:43.90	4:42.34	2
11 Barbee, William	SO	Mars Hill	4:42.98	4:43.86	2
12 Vaughn, Brandon	JR	Lincoln Memorial	4:50.80	4:46.16	2
13 Dixon, Riley	FR	Anderson (S.C.)		4:46.89	1
14 Rogers, Matthew	SO	Mars Hill	5:00.79	4:47.21	2
15 Akers, Alex	SO	Wingate	4:39.95	4:51.27	2
16 Elliott, Luke	JR	Coker	4:37.92	4:53.98	3
17 McKinley, Cameron	SO	Carson-Newman	5:07.62	4:54.28	2
18 Hernandez, Carlos	FR	Newberry	4:53.91	4:54.81	2
19 Johnson, Daniel	FR	Lincoln Memorial	5:03.35	4:56.73	2
20 Gomez, Christopher	FR	Mars Hill	5:12.73	4:58.57	2
21 Hernandez, Jorge	FR	Newberry	4:53.53	4:59.07	2
22 Rolon, David	FR	Anderson (S.C.)	5:05.85	5:01.03	2
23 Tuten, Hayden	FR	Anderson (S.C.)	5:14.31	5:12.67	1
--- Richter, Mike	FR	Newberry	5:18.14	DNS	1
--- Farrimond, Garrett	JR	Mars Hill	4:42.01	DNS	2
--- Owens-Hunter, Cameron	FR	Anderson (S.C.)	4:28.76	DNS	3
--- Hoenig, Tim	JR	Queens (N.C.)	4:11.81	DNS	3
--- Smythe, Brett	FR	Mars Hill	5:41.84	DNS	1

## Men 3000 Meter Run

Facility: 7:45.49 \$ 2/4/2017 Paul Chelimo, US Army

College: 7:54.26 ! 1/30/2016 Luis Vargas, NC State

Name	Yr	School	Seed	Finals	H#
<b>Finals</b>					
1 Patel, Nepolian	SR	Wingate	8:27.28	8:27.31	3
2 Greer, Luke	JR	Carson-Newman	8:27.39	8:37.82	3
3 Hazel, Mason	SR	Anderson (S.C.)	8:28.13	8:37.88	3
4 Bains, Tom	SR	Queens (N.C.)	8:25.54	8:47.79	3
5 Allison, Noah	JR	Mars Hill	8:58.64	8:50.89	3
6 Kipkemei, Nick	SO	Queens (N.C.)	8:53.58	8:53.44	3
7 Hernandez, Jorge	JR	Lincoln Memorial	9:05.46	8:54.67	3
8 Raftis, Anthony	SO	Queens (N.C.)	8:38.19	8:55.37	3
9 Rosas, Jose	JR	Queens (N.C.)	8:37.36	8:57.92	3
10 Clark, Ben	FR	Anderson (S.C.)	8:59.28	8:58.77	3
11 Cox, Dalton	JR	Wingate	8:51.45	9:01.42	3
12 Kipchumba, Micah	FR	Wingate	8:53.01	9:05.45	3
13 Gatewood, Jacob	FR	Lincoln Memorial	9:12.33	9:08.43	2
14 McCambridge, Conal	SO	Queens (N.C.)		9:11.70	1
15 Black, Jacob	SO	Lenoir-Rhyne	9:07.20	9:13.97	3
16 Rhodes, Kyle	FR	Catawba	9:09.36	9:16.42	3
17 Chebii, Jacob	SR	Coker	9:15.15	9:19.54	2





## South Atlantic Indoor Championships - 2/19/2018

## JDL Fast Track

## Results - Track

## Finals ... (Men 3000 Meter Run)

Name	Yr	School	Seed	Finals	H#
18 Wofford, Stephen	JR	Wingate	9:12.93	9:20.18	2
19 King, Jacob	SR	Lincoln Memorial	9:30.11	9:21.92	2
20 Wilson, Quinn	FR	Newberry	9:21.37	9:23.53	2
21 Brenner, Henry	SO	Catawba	9:24.05	9:26.25	2
22 Calhoun, Harrison	SO	Lincoln Memorial	9:35.60	9:29.60	2
23 Lake, Drew	SO	Catawba	9:26.18	9:30.07	2
24 Drummond, John	SR	Anderson (S.C.)	9:31.17	9:30.19	2
25 Ronoh, Kelvin	SO	Carson-Newman	9:21.35	9:30.21	2
26 Boyles, Corbin	JR	Lenoir-Rhyne		9:30.72	1
27 Napier, Garrett	SO	Lincoln Memorial	9:34.69	9:31.73	2
28 Barbee, Bryan	SO	Mars Hill	9:35.80	9:32.20	2
29 Cantrell, Skyler	SO	Mars Hill	9:45.73	9:33.86	2
30 Gilreath, James	SR	Mars Hill	9:46.08	9:39.23	1
31 Benik, James	SO	Mars Hill	9:36.42	9:46.81	2
32 Snide, Austin	FR	Catawba	9:52.68	9:47.63	1
33 Haas, Brett	SO	Lenoir-Rhyne	9:29.13	9:53.81	2
34 Reynolds, Shelton	FR	Newberry	10:12.79	10:11.19	1
--- Hutto, Weston	FR	Anderson (S.C.)	8:55.14	DNF	3
--- Burgess, Matthew	FR	Anderson (S.C.)	9:33.74	DNS	2
--- Vogelsang, Brett	FR	Lenoir-Rhyne	8:54.86	DNS	3
--- Chavis, Derek	SR	Lenoir-Rhyne		DNS	1

## Men 5000 Meter Run

Facility: 14:06.24 \$ 3/14/2014 Kevin Batt, Adams State

College: 14:06.24 ! 3/14/2014 Kevin Batt, Adams State

Name	Yr	School	Seed	Finals	H#
<b>Finals</b>					
1 Bains, Tom	SR	Queens (N.C.)	14:30.46	15:04.55	2
2 Hazel, Mason	SR	Anderson (S.C.)	14:18.98	15:14.97	2
3 Clark, Ben	FR	Anderson (S.C.)	15:28.59	15:16.41	2
4 Kipkemei, Nick	SO	Queens (N.C.)	14:54.38	15:22.63	2
5 Rosas, Jose	JR	Queens (N.C.)	14:59.94	15:25.29	2
6 Hernandez, Jorge	JR	Lincoln Memorial	15:40.30	15:28.26	2
7 Kipchumba, Micah	FR	Wingate		15:32.03	1
8 Raftis, Anthony	SO	Queens (N.C.)	15:49.63	15:42.27	2
9 McCambridge, Conal	SO	Queens (N.C.)	15:36.55	15:47.41	2
10 Teachout, Joey	FR	Anderson (S.C.)	15:42.45	15:47.92	2
11 Rhodes, Kyle	FR	Catawba	16:07.46	15:49.64	2
12 Carmack, Curtis	SO	Catawba	17:12.53	16:02.61	1
13 Hutto, Weston	FR	Anderson (S.C.)	16:01.79	16:10.20	2
14 Boyles, Corbin	JR	Lenoir-Rhyne		16:11.62	1
15 Beason, Jackson	FR	Tusculum	16:16.38	16:21.82	2
16 Chebii, Jacob	SR	Coker		16:22.74	1
17 Cronin, Will	FR	Tusculum	16:06.33	16:35.93	2
18 Haas, Brett	SO	Lenoir-Rhyne	16:52.93	16:52.33	2



## South Atlantic Indoor Championships - 2/19/2018

## JDL Fast Track

## Results - Track

## Finals ... (Men 5000 Meter Run)

Name	Yr	School	Seed	Finals	H#
19 Vogelsang, Brett	FR	Lenoir-Rhyne	16:24.64	16:57.27	2
20 Resor, Nick	JR	Mars Hill		17:00.24	1
21 Bemis, Logan	FR	Catawba		17:00.99	1
--- Horne, Luke	SO	Anderson (S.C.)	16:18.26	DNF	2

## Men 60 Meter Hurdles

## 8 Advance: Top 1 Each Heat plus Next 6 Best Times

Facility: 7.55 \$ 1/31/2015 Aleec Harris, Adidas  
 College: 7.63 ! 2/4/2017 Michael Dickson, NC A&T

Name	Yr	School	Seed	Prelims	H#
<b>Preliminaries</b>					
1 Barbier, Clement	JR	Queens (N.C.)	8.35	8.39 Q	2
2 Moreau, Derrian	SR	Coker	8.56	8.53 Q	1
3 Valery, Richelieu	FR	Coker	8.60	8.55 q	1
4 Peter, Johannes	SR	Queens (N.C.)	8.67	8.58 q	2
5 Elliott, Tavian	FR	Wingate	8.85	8.60 q	1
6 McClain, Kamain	SO	Coker	8.73	8.68 q	1
7 Elliott, Jacques	FR	Wingate	8.79	8.70 q	2
8 McGriff, Zakary	FR	Coker	8.77	8.73 q	1
9 Brewington, Trent	SO	Carson-Newman	8.90	8.74	1
10 Nabe, Kyle	FR	Lincoln Memorial	8.73	8.80	2
11 Brooks, Saaehim	JR	Lenoir-Rhyne	8.94	8.89	2
12 Alston, Jacorey	FR	Lenoir-Rhyne	8.83	8.98	2
13 Vazquez, Adan	FR	Carson-Newman	9.34	9.28	1
14 Brown, Anthony	SO	Lenoir-Rhyne	9.11	9.34	1
--- Monfort, Joey	FR	Catawba	9.07	FS	2

## Men 60 Meter Hurdles

Facility: 7.55 \$ 1/31/2015 Aleec Harris, Adidas  
 College: 7.63 ! 2/4/2017 Michael Dickson, NC A&T

Name	Yr	School	Prelims	Finals
<b>Finals</b>				
1 Moreau, Derrian	SR	Coker	8.53	8.48
2 Peter, Johannes	SR	Queens (N.C.)	8.58	8.53
3 Valery, Richelieu	FR	Coker	8.55	8.59
4 Elliott, Tavian	FR	Wingate	8.60	8.62
5 McClain, Kamain	SO	Coker	8.68	8.63
6 Barbier, Clement	JR	Queens (N.C.)	8.39	8.71
7 McGriff, Zakary	FR	Coker	8.73	8.82
--- Elliott, Jacques	FR	Wingate	8.70	DNF



## South Atlantic Indoor Championships - 2/19/2018

## JDL Fast Track

## Results - Track

## Men 4x400 Meter Relay

Facility: 3:11.12 \$ 1/31/2015 , GW Express/Nike  
 College: 3:12.35 ! 2/15/2014 , North Carolina  
 Sutton, Alowonle, Ways, Lipsey

Team	Relay	Seed	Finals	H#
<b>Finals</b>				
1 Wingate	A	3:23.99	3:25.46	2
1) Pierre, Jason SR	2) Jenkins, Breon JR	3) Seiba Moris, Jose Miguel SR	4) Reed, Malcolm FR	
2 Lenoir-Rhyne	A	3:23.33	3:25.50	2
1) Williams, CJ JR	2) Dickey, Dorien SO	3) Hall, Jacob JR	4) Jones, Bradley JR	
3 Coker	A	3:25.37	3:25.58	2
1) Greene, Mahari FR	2) Mullins, Brandon JR	3) Mosley, William SO	4) Lilly, Sage FR	
4 Queens (N.C.)	A	3:25.75	3:25.79	2
1) Harrison, Kevin SO	2) Jones, Kemual FR	3) Inuwa, Elijah JR	4) Cypress, Avery SR	
5 Lincoln Memorial	A	3:29.75	3:32.65	1
1) Balogun, Oluwatosin SR	2) Hughes, Jonathan FR	3) Wiggins, Jamaal FR	4) Nabe, Kyle FR	
6 Carson-Newman	A	3:25.28	3:32.70	2
1) McCarter, Jeremiah JR	2) Jackson, Anthony FR	3) Tiller, Ray SR	4) Agee, Caleb SO	
7 Tusculum	A	3:29.60	3:34.75	1
1) Green, Khalil SO	2) Tann, Malik FR	3) Hayes, Xavier FR	4) Leontes, Althierry FR	
8 Anderson (S.C.)	A		3:35.53	1
1) Anderson, Jordan SO	2) Monts, Rashod SR	3) Dixon, Riley FR	4) Jones, Robert FR	
9 Catawba	A	3:33.73	3:36.97	1
1) Bemis, Ethan FR	2) Monfort, Joey FR	3) Joyce, Tom FR	4) Felton, Rontrel FR	
10 Mars Hill	A	3:38.86	3:44.93	1
1) France, Cameron SO	2) Izquierdo, Nicholas FR	3) Stanley, Jared FR	4) Murray, Ethan FR	
--- Newberry	A	3:32.88	DNS	1
1) Garrison, Granger FR	2) Grant, Tyrese FR	3) Truesdale, Nick FR	4) Glenn, James SO	

## Men Distance Medley

Facility: 9:34.24 \$ 2/18/2017 , Ole Miss  
 Manahan, DeRay, Engels, Tobin  
 College: 9:34.24 ! 2/18/2017 , Ole Miss  
 Manahan, DeRay, Engels, Tobin

Team	Relay	Seed	Finals
<b>Finals</b>			
1 Lenoir-Rhyne	A	10:47.02	10:34.28
1) Ivackovic, Petar FR	2) Gray, Marquez SO	3) Kachenchai, Daniel SO	4) Black, Jacob SO
2 Coker	A		10:36.44
1) Mullins, Brandon JR	2) Irankunda, Murishi FR	3) Kiplaget, Razzel JR	4) Elliott, Luke JR
3 Catawba	A	10:54.42	10:38.29
1) Joyce, Tom FR	2) Swepson, Michal SO	3) Felton, Rontrel FR	4) Bemis, Ethan FR
4 Mars Hill	A	10:47.60	10:43.66
1) Farrimond, Garrett JR	2) Izquierdo, Nicholas FR	3) Stanley, Jared FR	4) Allison, Noah JR
5 Wingate	A	11:01.25	10:49.40
1) Wofford, Stephen JR	2) Pierre, Jason SR	3) Irigoyen, Julian SO	4) Cox, Dalton JR
6 Anderson (S.C.)	A	10:57.90	10:58.98
1) Burgess, Matthew FR	2) Jones, Robert FR	3) Owens-Hunter, Cameron FR	4) Quillen, Philip FR



## South Atlantic Indoor Championships - 2/19/2018

## JDL Fast Track

## Results - Track

## Finals ... (Men Distance Medley)

Team	Relay	Seed	Finals
7 Lincoln Memorial 1) Hughes, Jonathan FR	A 2) Wiggins, Jamaal FR	3) Joseph, Jevon SR	10:59.13 4) Vaughn, Brandon JR
8 Tusculum 1) Beason, Jackson FR	A 2) Johnson, J'Quen JR	11:24.94 3) Cronin, Will FR	11:06.98 4) Tann, Malik FR
9 Carson-Newman 1) Eddy, Jared FR	A 2) Adame, Rafael SO	11:14.76 3) Ronoh, Kelvin SO	11:10.99 4) McCarty, Patrick JR
10 Newberry 1) Hernandez, Jorge FR	A 2) Manns, Matthew FR	11:21.15 3) Oglesby, Justin FR	11:14.51 4) Wilson, Quinn FR

## Men High Jump

Progressions = 1.70, 1.75, 1.80, 1.85, 1.90, 1.95, 2.00, 2.05,

2.10, 2.13, 2.16, etc.

Facility: 2.24m \$ 12/1/2012 Kris Kornegay-Gober, NC State

College: 2.24m ! 12/1/2012 Kris Kornegay-Gober, NC State

Name	Yr	School	Finals
<b>Finals</b>			
1 Stepp, Tanner	SR	Carson-Newman	2.10m 6-10.75
2 Kyle, Isaiah	JR	Wingate	2.00m 6-06.75
3 Schneider, Vincent	SR	Queens (N.C.)	1.85m 6-00.75
4 Potts-Howard, Kristofer	JR	Carson-Newman	1.80m 5-10.75
5 Bennett, Bryce	FR	Wingate	J1.80m 5-10.75
6 Brown, Anthony	SO	Lenoir-Rhyne	1.75m 5-08.75
7 Elliott, Tavian	FR	Wingate	J1.75m 5-08.75
8 Boyd, Jamyson	SO	Tusculum	1.70m 5-07.00
8 Patterson, Nathanael	SR	Wingate	1.70m 5-07.00
8 Nguetta, Yannis	SO	Lenoir-Rhyne	1.70m 5-07.00
--- Manley, Marcus	FR	Queens (N.C.)	NH
--- Trammell, Coleman	FR	Queens (N.C.)	NH
--- Jones, Kemual	FR	Queens (N.C.)	DNS
--- McDermott, Jahvad	JR	Carson-Newman	DNS

## Men Pole Vault

Starting height = 2.80m, progressions = 0.15m

Facility: 5.45m \$ 2/4/2017 Scott Houston, Unattached

College: 5.31m ! 2/20/2016 Tray Oates, Samford

Name	Yr	School	Finals
<b>Finals</b>			
1 Shade, Spencer	SO	Mars Hill	4.30m 14-01.25
2 Robertson, Noah	FR	Carson-Newman	J4.30m 14-01.25
3 Schneider, Vincent	SR	Queens (N.C.)	4.15m 13-07.25
4 Meckes, Ricko	FR	Queens (N.C.)	4.00m 13-01.50
5 Kohler, Stefan	FR	Queens (N.C.)	J4.00m 13-01.50
6 Futia, Nick	JR	Queens (N.C.)	3.70m 12-01.50
7 Grealis, John	FR	Lenoir-Rhyne	J3.70m 12-01.50
8 Vann, Dallas	FR	Catawba	3.55m 11-07.75
9 Bennett, Bryce	FR	Wingate	3.25m 10-08.00



## South Atlantic Indoor Championships - 2/19/2018

## JDL Fast Track

## Results - Track

## Finals ... (Men Pole Vault)

Name	Yr	School	Finals	
10 Bobbitt, Tommy	FR	Queens (N.C.)	J3.25m	10-08.00
11 Ottaway, Shepard	JR	Wingate	3.10m	10-02.00
12 Cannon, Matt	JR	Lenoir-Rhyne	2.80m	9-02.25

## Men Long Jump

Facility: 7.81m \$ 11/16/2013 Mikese Morse, Unattached  
 College: 7.76m ! 2/21/2014 Andre Dorsey, Kennesaw State

Name	Yr	School	Finals		
<b>Finals</b>					
1 Spence, Andrew	JR	Wingate	7.21m	23-08.00	2
2 Epp, Anton	SO	Queens (N.C.)	6.98m	22-11.00	1
3 Potts-Howard, Kristofer	JR	Carson-Newman	6.94m	22-09.25	2
4 Boyd, Jamyson	SO	Tusculum	6.80m	22-03.75	2
5 Patterson, Nathanael	SR	Wingate	6.77m	22-02.50	2
6 Meckes, Ricko	FR	Queens (N.C.)	6.72m	22-00.75	2
7 Schneider, Vincent	SR	Queens (N.C.)	6.69m	21-11.50	2
8 Bennett, Bryce	FR	Wingate	6.59m	21-07.50	2
9 McDermott, Jahvad	JR	Carson-Newman	6.34m	20-09.75	1
10 Kyle, Isaiah	JR	Wingate	6.32m	20-09.00	1
11 Artybidge, Ray	JR	Carson-Newman	6.23m	20-05.25	1
12 Morrow, Jai	FR	Catawba	6.20m	20-04.25	1
13 Smith, Bryan	FR	Mars Hill	6.16m	20-02.50	2
14 Elliott, Tavian	FR	Wingate	6.12m	20-01.00	2
15 Fluellen, Devon	FR	Newberry	6.07m	19-11.00	1
16 Rosalie, Yannick	JR	Tusculum	6.05m	19-10.25	1
17 Kohler, Stefan	FR	Queens (N.C.)	5.88m	19-03.50	2
18 Mitchell, Jaquay	SO	Lenoir-Rhyne	5.80m	19-00.50	2
19 Grant, Tyrese	FR	Newberry	5.78m	18-11.75	2
20 Jackson, Marzell	FR	Newberry	5.70m	18-08.50	1
21 Whaley, Corey	FR	Mars Hill	5.56m	18-03.00	1
22 Paul, Joshua	FR	Coker	5.35m	17-06.75	1
22 Andrews, Wynston	FR	Newberry	5.35m	17-06.75	1
24 Ashford, Kedar	FR	Tusculum	5.00m	16-05.00	1
--- Raye, Chaston	SO	Queens (N.C.)	DNS		2

## Men Triple Jump

Facility: 15.85m \$ 2/3/2018 Michael Tiller, Unattached  
 College: 15.83m ! 12/5/2015 Anthony Campbell, Charlotte

Name	Yr	School	Finals	
<b>Finals</b>				
1 Patterson, Nathanael	SR	Wingate	14.89m	48-10.25
2 Potts-Howard, Kristofer	JR	Carson-Newman	13.92m	45-08.00
3 Rosalie, Yannick	JR	Tusculum	13.80m	45-03.50
4 Kyle, Isaiah	JR	Wingate	13.56m	44-06.00
4 Mitchell, Jaquay	SO	Lenoir-Rhyne	13.56m	44-06.00



## South Atlantic Indoor Championships - 2/19/2018

## JDL Fast Track

## Results - Track

## Finals ... (Men Triple Jump)

Name	Yr	School	Finals	
6 Andrews, Wynston	FR	Newberry	13.24m	43-05.25
7 Smith, Bryan	FR	Mars Hill	12.92m	42-04.75
8 Fluellen, Devon	FR	Newberry	12.71m	41-08.50
9 Jackson, Marzell	FR	Newberry	12.54m	41-01.75
10 Spence, Andrew	JR	Wingate	12.45m	40-10.25
11 Grant, Tyrese	FR	Newberry	12.44m	40-09.75
12 Monfort, Joey	FR	Catawba	12.29m	40-04.00
13 Whaley, Corey	FR	Mars Hill	12.17m	39-11.25
--- McDermott, Jahvad	JR	Carson-Newman	FOUL	
--- Paul, Joshua	FR	Coker	FOUL	
--- Raye, Chaston	SO	Queens (N.C.)	DNS	

## Men Shot Put

Facility: 19.50m \$ 3/15/2014 Wesley Lavong, Adams State

College: 19.50m ! 3/15/2014 Wesley Lavong, Adams State

Name	Yr	School	Finals		
1 Knauer, Martin	FR	Queens (N.C.)	17.10m	56-01.25	3
2 Braswell-Sample, Myles	SR	Lenoir-Rhyne	15.57m	51-01.00	3
3 Henderson, Cole	JR	Lenoir-Rhyne	14.74m	48-04.50	3
4 Zirwas, Elliot	SO	Wingate	14.30m	46-11.00	3
5 Head, Travis	JR	Lenoir-Rhyne	14.20m	46-07.25	3
6 Nolan, Jonathan	FR	Lenoir-Rhyne	14.11m	46-03.50	2
7 Meckes, Ricko	FR	Queens (N.C.)	13.99m	45-10.75	3
8 Pender, Logan	SO	Carson-Newman	13.87m	45-06.25	3
9 Wright, Evans	FR	Queens (N.C.)	13.65m	44-09.50	3
10 Suddeth, JC	SR	Wingate	12.56m	41-02.50	2
11 Gramann, Austin	SO	Carson-Newman	12.54m	41-01.75	2
12 Hinderer, Nathan	SR	Wingate	12.42m	40-09.00	3
12 Mullis, Tucker	FR	Wingate	12.42m	40-09.00	3
14 Futia, Nick	JR	Queens (N.C.)	12.38m	40-07.50	2
14 Johnson, Travis	SR	Tusculum	12.38m	40-07.50	2
16 Sisto, Christian	SO	Tusculum	12.33m	40-05.50	3
16 Holloway, Tyler	FR	Mars Hill	12.33m	40-05.50	2
18 Thomas, Elijah	FR	Catawba	12.18m	39-11.50	2
19 Clifton, Ronnie	JR	Lenoir-Rhyne	12.17m	39-11.25	3
20 Edwards, Billy	SO	Wingate	12.10m	39-08.50	1
21 Snodgrass, David	FR	Carson-Newman	11.98m	39-03.75	2
22 Osborne, Ben	FR	Queens (N.C.)	11.56m	37-11.25	2
23 Hill, Blake	FR	Carson-Newman	11.34m	37-02.50	2
24 Johnson, Chandler	SO	Anderson (S.C.)	11.21m	36-09.50	1
25 Faulkner, Kace	SO	Coker	11.11m	36-05.50	2
26 Foxx, Kenan	JR	Mars Hill	10.99m	36-00.75	1
27 Lane, Zachary	FR	Tusculum	10.94m	35-10.75	1
28 Wheatley, Connor	FR	Anderson (S.C.)	10.92m	35-10.00	1



## South Atlantic Indoor Championships - 2/19/2018

## JDL Fast Track

## Results - Track

## Finals ... (Men Shot Put)

Name	Yr	School	Finals		
29 Campbell, Brandon	SR	Coker	10.85m	35-07.25	1
30 Haynes, James	FR	Newberry	10.59m	34-09.00	1
31 Mitchell, Kayshon	FR	Newberry	10.54m	34-07.00	1
32 Cousar, Joshua	FR	Newberry	10.46m	34-04.00	1
33 Wright, Kristian	FR	Newberry	9.14m	30-00.00	1
--- Mingo-Watts, Trevin	SO	Newberry	DNS		1

## Men Weight Throw

Facility: 23.24m \$ 12/3/2017 Josh Davis, NC State

College: 23.24m ! 12/3/2017 Josh Davis, NC State

Name	Yr	School	Finals		
1 Zirwas, Elliot	SO	Wingate	17.39m	57-00.75	2
2 Henderson, Cole	JR	Lenoir-Rhyne	16.24m	53-03.50	2
3 Head, Travis	JR	Lenoir-Rhyne	15.18m	49-09.75	2
4 Mitchell, Kayshon	FR	Newberry	14.86m	48-09.00	2
5 Nolan, Jonathan	FR	Lenoir-Rhyne	14.29m	46-10.75	2
6 Suddeth, JC	SR	Wingate	14.21m	46-07.50	2
7 Hinderer, Nathan	SR	Wingate	14.17m	46-06.00	2
8 Clifton, Ronnie	JR	Lenoir-Rhyne	13.96m	45-09.75	2
9 Marcelin, Bryce	SO	Queens (N.C.)	13.87m	45-06.25	2
10 Knauer, Martin	FR	Queens (N.C.)	13.37m	43-10.50	2
11 Osborne, Ben	FR	Queens (N.C.)	13.32m	43-08.50	2
12 Bee, Jacob	FR	Queens (N.C.)	12.74m	41-09.75	2
13 Thomas, Elijah	FR	Catawba	12.65m	41-06.00	1
14 Sigmon, Dawson	FR	Lenoir-Rhyne	12.58m	41-03.25	1
15 Santiago, Dante	SO	Queens (N.C.)	12.52m	41-01.00	1
16 Wheatley, Connor	FR	Anderson (S.C.)	11.77m	38-07.50	1
17 Grooms, Evan	FR	Tusculum	11.58m	38-00.00	1
18 Snodgrass, David	FR	Carson-Newman	11.35m	37-03.00	1
19 Foxx, Kenan	JR	Mars Hill	11.13m	36-06.25	1
20 Faulkner, Kace	SO	Coker	10.81m	35-05.75	1
21 Johnson, Chandler	SO	Anderson (S.C.)	10.23m	33-06.75	1
22 Gramann, Austin	SO	Carson-Newman	9.88m	32-05.00	1
--- Mullis, Tucker	FR	Wingate	FOUL		1
--- Edwards, Billy	SO	Wingate	FOUL		2
--- Pender, Logan	SO	Carson-Newman	DNS		1
--- Bembry, Brian	JR	Carson-Newman	DNS		1
--- Wright, Kristian	FR	Newberry	DNS		1

## Women - Team Rankings - 16 Events Scored

1) Queens (N.C.)	189	2) Wingate	134
3) Lenoir-Rhyne	98.5	4) Coker	46.5
5) Anderson (S.C.)	46	6) Carson-Newman	40



**South Atlantic Indoor Championships - 2/19/2018**

**JDL Fast Track**

**Results - Track**

7) Lincoln Memorial	21	8) Mars Hill	18
9) Tusculum	15	10) Catawba	10
11) Newberry	6		

Men - Team Rankings - 16 Events Scored

1) Queens (N.C.)	148	2) Wingate	119.833
3) Lenoir-Rhyne	102.833	4) Carson-Newman	77
5) Coker	58	6) Tusculum	32.3333
7) Anderson (S.C.)	25	8) Mars Hill	21
9) Lincoln Memorial	16	10) Catawba	14
11) Newberry	9		

